

From the author of **Chasing Dragonflies:**
Dr. Lauren S. Seifert has created a book filled with activities, tips, and tested techniques for the healthcare/activity professional to use in eldercare.

- * A great source for successfully adapted approaches and techniques that work with small groups and one-on-one.
- * A practical, readable book on leading activities for elders: This book includes detailed descriptions of specific, useful activities.
- * A useful supplement for scholars and students in gerontology: With reports from a national conference detailing the history of Dr. Seifert's work and documenting success in maintenance of cognitive skills among seniors with dementia.
- * Infused with relevant findings from aging research.
- * A valuable addition to the healthcare professional's library: It is filled with expert recommendations for work with elders with and without dementia.
- * Build eldercare activities with tested methods and activities.
- * Help others remember the value in their lives!



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