

Contents

Dedication	ii
Foreword	iv
About the Authors	v

Chapters

1	An Introduction to Activities	1
	Guiding Principles for Activity Development	3
	Specific Considerations	3
	Ways of Making Contact	5
	Storytelling and Discussion as Cognitive Activities	6
	About Using the Term “Dementia”	7
	Building An Activity Session with Themes and Stories	8
2	Complex Stories for Normal and High Functioning Elders	10
3	Straightforward Stories for Mid-Level and Lower Functioning Elders	62

Additional Resources

The Five Big Hints (10 Examples)	123
Appendix A Infusing Interventions into Individualized Care: A Hierarchy of Goals	145
General References (alphabetically by first author)	146
General Footnotes (by Chapter)	150
Index of Terms	151
Order Form and Information	153