

- * A practical guide to eldercare for healthcare professionals, caregivers, and scholars/students, too, with advice about how to be an active participant in caring for aging adults, friends, and loved ones.
- * Contains a vast number of practical examples that can aid professionals, as well as family members, to transform eldercare situations into workable solutions.
- * A great source for successfully adapted eldercare activities that work in small groups and/or one-on-one.
- * Infused with relevant findings from aging research.
- * A valuable addition to the healthcare professional's library. Filled with expert recommendations for running activities that include people with and without dementia.
- * This book has answers that have been applied in the field.
- * Build your knowledge with tested techniques for work in eldercare.
- * Help others remember the value in their lives.



Dr. Seifert has spent the last eighteen years researching and developing effective methods for work with aging adults. Her focus is on Learning and Memory.

